November 2026

Four from One



Before you get started, please carefully read through all the fabric requirements and method. Also, please check that your sewing machine is sewing correctly i.e. the tension - make sure it's not gathering the fabric or that the base thread is lying on the fabric's surface.

FABRIC TYPE

Please use only quilting-weight cotton fabric, i.e., no curtaining, stretch, suiting, or upholstery fabrics. We are also unable to use blocks that include licensed fabrics. If you have a selvedge on the fabrics you are using, please remove before piecing – it's thicker than the main fabric and the holes that are often present are a weak point.

COLOUR CHOICE

The blocks should all be in the same colour family such as all reds or all blues for example.

CUTTING INSTRUCTIONS

Fabric strips between 1½" and 2½" wide, at least 14" long.

METHOD

Use a ¼” seam throughout.

1. Construct TWO blocks from the strips to measure at least 13½” square. Check your ¼” seams



2. Trim the two blocks to 13” square.



3. Place the blocks right sides together so that the strips are at right angles to each other.



4. Stitch the squares together around all four sides using a ¼" seam. Don't panic !!! This is ok!



5. Carefully cut across your two squares on the diagonals.





6. Open out the fabric. You will have FOUR blocks approximately 9" square.
   Press the blocks carefully - the edges are on the bias!

   PLEASE DO NOT TRIM THEM!



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